

A Sound Track to Reading

UPPERCASE READING FLUENCY PRACTICE

For Turning Previously Decoded Words into Instantly Recognized Words

(Orthographically Mapped Words)

Incorporating Advanced Phonemics Awareness for True Sight Word Fluency

Reading and Dictated Spelling

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Fluency Practice for Turning Previously Decoded Words into Instantly Recognized Words

(Upper-case to Assist Orthographically Mapping)

Lesson 1: m, s, t, Short /ă/, -ing, -er, -ed = /d/ or /t/ – 25 Words

MAT SAT SAM MAST TAT MATT AM A SASS MATS MATTING
SASSING TATTING TATS TATTER MATTER MATTERS MAST
MASTER MASTERS MASTERING SASS SASSED MASSED
MASTERED

Lesson 2: d, g, f, h, ed = /ěd/ - 34 Words

DAD GAG HAD FAT DAM GAS AD FAST DAFT AD SAD ADD TAG AM
SAGS SAGGED DAMMED GASSED HAMS SADDER DAGGER FATTER
FAST FASTING GAGGING ADDING FATTED ADDED MATTED FASTED
FASTER HAMSTER HAMMER HAMMERING

Lesson 3: p, r, n, b; Vowel Rule 5: y = /ē/ – 44 Words

MAP RAG NAB APT ANN AN ASP AND RAN SAND GASP BAND
BAD RAMP RATTY SANDY BATTY FATTY PATTY DAMPER
SANDER PAMPER RAFTER TAMPER RAGS RAGGEDY GASPS
RASPY BATTER NAPS NAPPED NAPPING NAGGING NAGGED
BANS BANNED BANNING BANNER BATTED HANDY PASSING
PASSED PATTING NASTY

Lesson 4: c, k, ck, l, w, j – 51 Words

CAB PACK KAT PAL JAM WAG JACK TAB ACT CAN'T LAST
HAND APT FACT SCAT SMACK JAMMED RACKED HAMMED
GASSED RAPPED PATTED LANDED LASTED SANDED
PADDED CAPS CAPPED CAPPING ACTING CAMPER WAGS
WAGGED WAGGING LACKING CANTER JABS JABBED
JABBING JABBERING JAGGED LAPS LAPPED LAPPING
SNAPPY PACKING CANDY HANDY CADDY WACKY TACKY
QUACKS QUACKING QUACKED TAXING LASTLY RANDY
RAPPLY WACKY WAGGING WAGGED AXED AXING WAXED
WAXING TAXED

Lesson 5: v, qu, x, y, z, ly = /l/ + /ē/ – 43 Words

LAPPED LAPPING SNAPPY PACKING CANDY HAND CADDY
VAN LAX YAK QUACK VAT JAZZ ZAG QUAFF YAP AX SWAM
RAZZ ADZ VAMP ASP VAST MADLY SADLY WAXY VASTLY
PALLY ZAGS ZAGGED APTLY ZAGGING ZAGGY JAZZED
JAZZING JAZZY YAMS YAMMER YAPS YAPPING YAPPED
RAGGEDY RAGGEDLY

Lesson 6: Short /ɪ/ – 58 Words

BIBS DICK FIZZ GIG HID JIGS KILL ILL QUIZ RISK SILL TINT VIM
WIN IT IN MISSING MISSED KILLING MISTER BLISTER JIGGING
FIXING FIXED FIXER FIZZING TWIST TWISTS TWISTER TWISTING
TWISTED WINDY SKINNY RISKY DICKY SNIPPY QUICKLY GIGGLY
LIMPLY SATINY GLIBLY VIVID PIGSKIN WISPY SIMPLY PIMPLY
ZIGZAG KIDNAP CATNIP RAPID TRANSPLANT FANTASTIC
INHABIT ATLANTIC BANDIT RAPIDLY SIT WISH

Lesson 7: Short /ʊ/, le – 58 Words

BUZZ CLUMP DUD FUSS GULP HUFF JUST UP US LUGS MUD
NULL PULP RUNS SNUFF TUX TUMBLE FUMBLE MUMBLE
RUMBLE STUMBLE JUTTING JUTTED BUZZER BUZZING
CRUMBLE BUMPER BUMPING BUMPED MUMBLED MUMBLING
SMUGLY UGLY GLUMLY GUSTY STUFFY GRUMBLE GRUMBLED
GRUMBLING BULKY LUCKY BUBBLY SNUGLY JUMBLE INSULT
STUFFING PUMPKIN MIXUP SUPPER UNLUCKY UNSTUCK
UNDID UNFLUSTER UNDUG BUBBLE HUMBLE BUT CUT

Lesson 8: Review Short a, i, u – 64 Words

APT BASK CAST DUCKS FIST GULF HAND IMP JUST KILT LAND
MUM NIP PULP QUIZ RAP SILK TAMP UNTIL VAST WICK AXED
YAP ZIP MUZZLED SLIPPERY UNJUSTLY SILVERY DIMLY
HANDBAG DISGUST RUBBERY GLINTED RAPIDLY UNDER SIXTY
TUMBLER CANDIDLY RIPPLE VIVIDLY SILKY DUSTPAN SNIFFLE
HABIT BATTER BITTER BUTTER SLUMBER TACKLE HUSKY
PUBLICLY BLISTERED CUDDLY BULKY HUMBLE RIPPLED
BUMBLE WIGGLE UNSTUCK NAPKIN MUMBLING KINDLE INSIPID
ANTICS

Lesson 9: Short /ō/, s, ed, er, ing, y, ly, le – 57 Words

NOT SOP DOFF POX SMOCK YON OFF LOLL CLOG COST FOND
ODD SNOB JOT ROMP OX JOLLY HOTLY FONDLY MOLLY WOBBLE
CODDLE COCKY COPY FOGGY FOXY BOBBY GOBBLE TOPPER
HOBBLE BOTTLES LOCKS LOCKER LOCKING LOCKED ROBBY
LOBBY SOBBING SOBBED LOFTY MOTTLED ROMPS ROMPING
ROMPED LOTTERY SLOPPY PLOTS PLOTTER PLOTTING PLOTTED
JONQUIL GOGGLES POLITICS HOBBY SONIC TONIC HOT

Lesson 10: Short /ě/, ness, en – 57 Words

JELL SWEPT REX SWELL WEN YEN EBB VEX FEZ QUEST FLEX
JEST PELTS YELP MADNESS FASTNESS WITNESS DULLNESS
WETNESS VIXEN PECKING HAPPEN HIDDEN DIMNESS JELLY
PENNY PETTY BETTY NELLY KETTLE SETTLE PEBBLES
SPECKLED NETTLES MESSES EMPTY SEVENTY HAMLET
SLIMNESS FIXES WEDDING DENTIST ROTTEN CONFESS WAXES
MAGNETIC EXAMPLE MAGNETISM FENDER FLEXES EBBING
ROTTED WENDED EGGNOG BETTER TEN WELL

Lesson 11: Review All Five Short Vowels – 65 Words

VAST SELF ITS FONDLY JUSTLY ADZ WELTS SPLINT SQUID
ANDY PUCKER ELM ROMPS VENDER QUILTS BULK TUFT APT
RESTLESS SUNLESS ENDLESS INDENTING ABSENTLY SIZZLE
INSISTED SUBMITTED SPOTLESS RUFFLED FONDNESS
NONSENSE TACTLESS COPPERY BLACKTOP HUSKY COBWEB
PUBLIC SUSPECT UNLESS HILLTOP KICKOFF OFFHAND BOBCAT
ITSELF JONQUILS CANNOT SUNDECK TIPTOP LOBSTER
DESKPAD INSPECTED SCUFFLE PUBLICITY INSPECTS MUDDLE
SOFTNESS SODDEN OBJECTED TAMPER

Lesson 12: Consonant Blends – 63 Words

BRIM BRAG BRED DROP DRUG FRET FRED GRUB FLAT GLUT
SLIT SLED PLAT PLOT BELT VENT HELM JEST KEPT HELP MUST
HULK RISK SOFT GULP WISP HUMP SELF BLAST FLINT GRUNT
SCANT PROMPT GRIST SCRIMP SPRINT SPLIT BLEND FLASK
SQUINT CRABS CRAMMED FROSTED GRITTING CRUSTY
SPRINTS STRUTTED FLEXING SCANNED TESTY FLEXES
BRAMBLE STOMPED GRASPY SKIMPY GRANDNESS
BRISKNESS BLUNTLY BLUFFING FRISKY ASK BEST JUMP

Lesson 13: Consonant Digraphs – 97 Words

CHAP SHELL WHIZ THIS THUMP SONG BANK CHEST SHAFT
WHICH THAN THEFT ZING THANK CHUM SHUN WHIM THAT
THRILL CLANG HONK RICH SMASH WHET THEN THRASH
SWING BLINK CHOPS SHUSH WHISK THUS CLOTH SPRING
MINK BLACK QUACK CRACK STACK SNACK SLACK BECK
DECK CHECK NECK PECK FLECK WICK THICK CHICK CLICK
KICK BRICK DOCK BLOCK SHOCK FROCK MOCK FLOCK
TRUCK SHUCK PLUCK MUCK STUCK CHUCK BATCH HATCH
CATCH MATCH THATCH FETCH KETCH RETCH STRETCH
SKETCH ITCH STITCH TWITCH SWITCH PITCH BOTCH
SCOTCH BLOTCH SPLOT NOTCH DUTCH HUTCH CRUTCH
CLUTCH CLUTCHES MUCH SUCH RICH WHICH TOUCH
DRINK LONG

Lesson 14: Plurals – 92 Words

KITS NESTS GRAFTS TRUSTS GLINTS THANKS DRIPS TRAPS
SHRIMPS SCRAPS CLUMPS STOMPS BANKS SPECKS FLOCKS
FLASKS CLICKS SKUNKS SNIFFS BLUFFS CHUNKS STAFFS
FLUFFS WHACKS ELMS THONGS WHIMS QUILLS THUGS CHINS
FRONDS CLANS SKILLS SHRUGS SPRINGS SPRIGS GONGS
FANGS THUDS SHINS THRILLS SCABS LADDERS PUDDLES
JACKETS VICTIMS KICKOFFS ANTICS BUBBLES HUNDREDS
DRUGGIST BUTTERS INSULTS GOBLINS LOBSTERS EGGNOGS
JONQUILS PICNICS GLIMPSES SPLINTERS CROSSINGS
HEMLOCKS BLANKETS DESKS CHAPTERS SINGLES GOSSIPS
HAMMOCKS CHIPMUNKS LIQUIDS STOCKINGS TRUMPETS
GLASSES TAXES FEZZES FLASHES SKETCHES CROSSES WAXES
FIZZES FLUSHES TWITCHES STRESSES FOXES RAZZES WISHES
INCHES TOSSES HEXES BUZZES SPLASHES SPLOTCHES

Lesson 15: Long Vowels, Rule 2 – 86 Words

RAZZES WISHES INCHES TOSSES HEXES BUZZES PLASHES AT
ATE PET PETE PAD PAID US USE STRIP STRIPE MUSS MUSE
MET MEET ODD ODE CLOTH CLOTHE QUIT QUITE BED BEAD VAN
VAIN JADE EKE STRIFE YOKE CUBE DROVE BATHE EVE DIRE
GLOBE FUSE MUTE DRAPE THESE WHINE THOSE FUME THRIVE
FAITH SQUEAK VIED GROWTH HUE PRAISE RAY THREE FLOAT
CUE RYE LOATHE LYE BLOW OATH FUEL SLAY LEASE SPITEFUL
CHEERFULLY PLAYFUL GLEEFULLY FAITHFULLY BOASTFUL
USEFULLY CAREFULLY WAKEFUL FEARFULLY SHAMEFULLY
WASTEFUL BLUE GREEN KEEP MAKE OWN SLEEP YELLOW

Lesson 16: Magic E & Compound Words – 99 Words

STATE HERE GAME FLARE PRIZE FIVE CUBE VOTE MERE VILE
NAVE EVE SHAME THINE FUSE DRONE METE THRIVE WHALE
TITHE CHASE SNORE THOSE LATHE MULE STRODE WHILE
SHONE TRITE TRIBE TWAIN GROAN GLEAM EACH FOAM LOW
MEET YEAST THROW REACH BEECH BEACH HUE RAY VAIN
TOED TEE TEA SQUEAL HEEL HEAL QUAIL FUEL TRIED ROW
GOAL WAIL BEET BEAT DAY SEASICK SAILBOAT PEANUTS
LIKEWISE FIREBUG BILLBOARD SUBWAY SWEEPSTAKE
RAILROAD STOCKPILE SPILLWAY TYPESCRIPT TOWBOAT
SNAKEBITE FREEWAY POSTPONE TOELESS ROSEBUD SEAWAY
SOAPBOX CROSSRAIL BEELINE DRAINPIPE HOMESICK
CLAMLIKE HOMEMADE ROCKSLIDE SNOWSHED CHECKMATE
PINEAPPLE BACKFIRE FLAMELIKE FEARLESS SUNSHINE
WIRELESS LIFETIME ALWAYS CAME MAY

Lesson 17: Review Cons. Digraphs – 85 Words

CRASH CHOKE SHEEP THAN WHILE THRILL THIS TITHE WHICH
SHAKE FOURTH THRONE CHAIR WHIZ THING WHEAT THINK
LITHE LOATHE CHEST BREATHE OATH WHEN SHRED CLOTH
SPEECH SUCH CLOTHE THROAT SHRINE SPRING BRAVE STRIP
STRIPE STRESS TWEAK DROVE CREAM DRONE GRAY SLEEVE
SCORE CRAM BLAZE FLARE GLAZE GROWN PLEAD SCRUB
SCALE MOCK SCRAP SCRAPE SNEEZE BACK BAKE PECK PEEK
QUACK QUAKE STOCK STOKE SLACK SLAKE LICK LIKE CHOCK
CHOKE JACK JAKE CHECK CHEEK DICK DIKE CROCK CROAK
SHACK SOCK SOAK STACK STAKE DUKE COKE SMOKE PIKE

Lesson 18: Vowel Rule 3 – 91 Words

HE NO YE HE SO SPY ME DRY BY WHY WE FLY GO I SKY SHE
FRY HI SHY MY HO BIPLANE BOGUS BUGLE CO-OP DEMON
WOVEN FATAL FIBER FOMENT FUTILE HAVEN HIJACK HOTEL
HUMUS CUBIC LATENT LILAC HUMOR MICROBE PUPIL MYSELF
NAVAL NITRATE PILOT TIGER QUIET RIFLE SECRET SOLAR
ZEBRA MUSIC VITAL WAFER YODEL STUDENT APT THROAT CUE
GOAL SAY JOKE WICK SPRITE YES SPRY SHE PRIED GLOW OFF
SQUINT EBB JOT FLY WHICH EACH CLOTHE RAY OPT ELF TRY
VIM WHY HOAX GULP NO PEACH STREAM GO CHAIN GROW

Lesson 19: Third Sound of A O U – 79 Words

PAUL MAUL FAULT HAUL SAW FLAW DAWN RAW CAR FARM
YARN BARN FALL SMALL CALL MALL HALT SALT WALT MALT
YAWNED DAUNTLESS GARBLE CHARTING VAULTED SHARPLY
STALLING RAWNESS HALTING GAUZE HALLFUL WARMTH
THAWING LAUNCHED MARSHES MARCHING SHARKS HARNESS
ARCHES GALLING STARTLE PARCHMENT STARCHED SALTY
CHARMED LAWYER TAUNTING PAUSED FAWNING VARNISH
LAWLESS LAWLESSNESS SCRAWLED SHARPENER GAUDY
ARTIST DO LOSE MOVE HOE WHO TWO PUSH PULL BUSH FULL
BULL YOUR WOULD SHOULD BUSHEL PULPIT COULD BULLET
BECAUSE DRAW FAR START WARM

Lesson 20: Diphthongs – 68 Words

HOW COW SHOUT OUR SOUR POUT NO OIL JOIN TOIL BOY JOY
TOY ROY DROWNED COINLESS OINK COYNESS COWL HOISTING
SCOWLED SOUTH JOIST MOUTHFUL VOID PROWLER QUILTS
PLOWED SPOILING JAR LARD HARP DWARF SHARK WARMTH
CHAR OR BORN YORK SHORT SNORT SPORT TORN FERN PERK
BIRD FIRM BURN CURB BLURT SQUIRTED STERLING SWARMS
CURLY HARMLESS PERKY SPARKLER TWIRLING QUIRK
SHORTEN BURNT FORMLESS SURLY MORNING CLERKS BROWN
HURT ROUND

Lesson 21: Interesting Review – 94 Words

VAULT JAILER TALLNESS SAGGY DAZE WALLED BRAINLESS
PLAINEST PACKS STRADDLE YAWNING LAWYER SMALLEST
RAINY HALTED GAGGED MADLY DAWNS SAFELY QUAIN AX LAX
TAX WAXES MAX FLAX HEX VEXES FLEX FIXED NEXT MIXING
OXEN FOXES POX TUX TEXT EXTRA REX SIXES VIXEN SQUARE
QUAKE QUITE QUENCHING QUEST SQUIRE QUIP EQUIP
EQUIPMENT QUIZZES QUIBBLE QUOIT QUOTE QUOTA QUIRK
SQUIRM SQUELCH SQUISH SQUINTS QUIVERED SNIFFLE
DABBLE BAFFLE THIMBLE STRUGGLE NETTLE TRICKLE DAPPLE
GOGGLES BOTTLED TANGLED SCUFFLES TWINKLE BRITTLE
ANGLE ABLE CABLE IDLE SIDLE NOBLE BUGLES TITLED STIFLE
STAPLES STIFLED GABLES SABLE MAPLE BRIDLE STABLE
CRADLES FABLED RIFLE

Lesson 22: Sounds of y at the end of polysyllabic words – 38 Words

SILLY MESSY LEFTY LUCKY CHUBBY FUZZY LADY PONY WAVY
FLAKY DAVY SMOKY REPLY SUPPLY APPLY DEFY IMPLY
MULTIPLY ELECTRIFY JUSTIFY OCCUPY IDENTIFY BUNNIES
PUPPIES POPPIES PENNIES FAIRIES NAVIES LADIES PONIES
SUPPLIES ALLIES APPLIES DEFIES MULTIPLIES MAGNIFIES
COMPLIES RATIFIES

Lesson 23: The three sounds of the suffix ed - 65 Words

TINTED SIFTED BLENDED WENDED RUSTED ROTTED DRIFTED
MISTED ENDED ADDED DRESSED INCHED MIXED MAPPED
CHECKED HUFFED LICKED DROPPED SLASHED STACKED
SOBBED RAZZED TUGGED PENNED STILLED FIZZED RAMMED
HUGGED THRILLED DINNED FIXED POINTED MESSED PERCHED
PICKED PLOTTED WAILED BUZZED BLEACHED CUFFED LIFTED
BURNED BOILED DREAMED TWISTED SLAMMED PLAYED ROWED
BOXED LASTED BRAIDED MENDED SPLASHED DUSTED PENNED
KICKED TURNED PRINTED WALLED REACHED STOPPED
CRASHED BRAGGED BEADED WHEELED

Lesson 24: Vowel Rules 7 & 8 – 57 Words

TURNED PRINTED WALLED REACHED STOPPED CRASHED
BRAGGED STRAPPING CHATTER MANNED BETTING SHREDDER
YELLED JIGGING SWIMMER SKINNED TOSSING ROBBER
FLOPPED BLUFFING DRUMMER DULLED TRAMPING JUMPER
CHECKING VENDED FISHING SOFTER COSTING LANDED
THUMPING QUILTED NAMING STATING KING DOZING SLIDING
THRIVING ZONING GROPING FUMING USING WADER SCRAPER
PETER WISER RIPER BITER JOKER SMOKER USER BLAZER
DARED CUBED CHOKED SHADED VOTED

Lesson 25: Mostly Review – Vowel Rule 3 – 71 Words

NATION STATION RATION POTION LOTION NOTION MOTION
ROTATION APRON EVEN IDLE ODOR RAZOR CREATE TRIFLE
RETAIL TINY SODA UNIT FLAVOR LEGAL HYDRANT MAJOR
EQUAL MICA MOMENT TRIPOD COBALT LASER SWEDEN MINUS
CRATER BISECT QUOTATION FUMIGATE LIBELOUS REIMBURSE
DEMERIT SOBERLY PROBATION FEVERISH FLAVORLESS
MIGRATION HIBERNATE LOCALLY BILINGUAL MUTILATE
MICROSCOPE FOMENTED PREAMBLE COCONUT FATALISM
LOCATION RELAXATION FUMIGATION COOPERATE MUTILATION
PREATOMIC VOCALIZATION MOTIVATION DEACTIVATE
REDISPOSED RADIATION MICROSCOPIC MOBILIZATION FUTILITY
BIOLOGICAL CAPABILITY BEATITUDE OPEN TOGETHER

Lesson 26: Consonant Rules – 68 Words

TRAYS BEES LIES TOES CUES GUNS BELLS SWIMS GOES SUDS
KINGS STABS SKIPS SPECKS SNIFFS DESKS NESTS PECKS BOX
WAX FIX REX TEXT EXALT EXAM EXACT EXULT EXIST
XYLOPHONE XAVIER XENON XANTHAN CAST CASE CODE COB
CUBE COIN CELL CEDE CITE CINCH ICE PLACE GATE GASH
GOAL GONG GUSH GULCH AGE SLEDGE LODGE SPLURGE HUGE
LARGE GEM GERM GIN GIBE GIST GYM GIFT GET GIRL GIRL GILD
GIG

Lesson 27: Consonant Helps – 50 Words

SLICE SINCE COASTER CAN'T COVE CULLED COILED GRACE
CORKS CAUSED THRICE CURT PENCIL CIVIL CYNIC ACCEDE
ACCEPT CYCLE GOES TWINGE GEL GOSPEL GAUZE HEDGE
GINGER GARDEN TRUDGE PAGES ANGEL ANGLE TOPIC TROPIC
MIMIC PLASTIC DRASTIC SEPTIC HECTIC PUBLIC RUSTIC
ARCTIC TOXIC EPIC FRANTIC ANTIC ATHLETIC FANTASTIC
ANTARCTIC MAGNETIC INORGANIC COSMETIC

Lesson 28: Irregular Vowel Digraphs – 53 words

DIE CRIED SKIES VIED FLIES FRIED YIELD PIECE CHIEF SHRIEK
WIELD RELIEF NIECE SHIELD GRIEF BELIEF BRIEF FIELDER
DOOR FLOOR OOZE BOOMS POOLED SPOONS HOOP SOONER
LOOP BOOKS STOOD SHOOK WOODEN HOOKS LOOKS LOOKED
COOKING WEIRD EITHER SEIZE KEY DECEIT CEILING VEIL
THEIR OBEY THEY EIGHT NEIGHBOR REINS WEIGHT VEIN HEIR
SKEIN EIGHTH

Lesson 29. More Irregular Vowel Digraphs - 80 Words

THEIR OBEY THEY EIGHT NEIGHBOR REINS WEIGHT GLEAM
LEAST PLEAD EACH CLEAN HEATER CHEATING BREAD HEAVY
WEALTH STEADY PLEASURE READY FEATHER SWEATER TREAD
THREAD GREAT STEAK BREAK GREATER BREAKING EARN
EARTH YEARN PEARL LEARNS DEARTH HEARD SEARCH
EARNEST EARLY HEART HEARTEN HEARTY HEARTH HEARKEN
MUTE CURE MULE FUME CUBE FUSE CUE DUES HUE SUE DUE
SUIT FEW FEUD HEW MEW PEW NEWS RUDE THREW JEW
CHEW BLEW TRUE CRUDE JUDY CHEWY PLUME RULER JUDE
JUTE GLUE FLUTE RUE JUPITER JUBILEE

Lesson 30: The Most Difficult Vowel Combination – ou – 76 Words

CHEWY PLUME RULER JUDE JUTE GLUE FLUTE SHOUT PROUD
SOUTH VOUCH SPROUT CLOUDS OUNCE BOUNTY DOUGH SOUL
THOUGH MOURN COURT POURS SOURCE THOROUGH COURSE
FOUR FOURTH SHOULDER BROUGHT OUGHT COUGH THOUGHT
SOUGHT FOUGHT BOUGHT TROUGH WROUGHT COUGHED
TOUCH YOUNG COUPLE COUNTRY TROUBLE DOUBLE
SOUTHERN JOYOUS FAMOUS TREMENDOUS GROUP YOU SOUP
YOUTH WOUNDED TOURIST TOUR DOUR THROUGH TROUPER
WOULD SHOULD COULD YOUR YOURS NOURISH FLOURISH
SCOURGE JOURNEY NOURISHED JOURNAL COURTESY
COURTEOUS COURAGE FLOURISHED HOUSTON HOUSTONIAN
HOUSTONIA FOUND

PART TWO

Lesson 31: THE SCHWA - /ə/ - The Short-Short Sound of ă – 67 Words

FLOURISH SCOURGE JOURNEY NOURISHED JOURNAL
COURTESY COURTEOUS ALOUD ABRUPT ADEPT ACUTE ANNOY
ALARM ACHIEVE ATOMIC AFFIRMED ABILITY MERCHANT
FEUDAL ORAL WIZARD VOCAL PORTAL CADET CARESS CANAL
FORMAL CHANNEL PARCEL STUDENT BUDGET LOCKET
MOISTEN KERNEL EASEL COMET NOVEL SOLID PULPIT RABBIT
COUSIN HABIT MORBID LUCID RAPID VICTIM STENCIL FREEDOM
CRIMSON REASON SQUALOR CARROT CALDRON RANDOM
APRON WISDOM GLUTTON RUMPUS CHERUB FOCUS HUMUS
PLAYFUL LOCUS LOCUST WAMPUM ZESTFUL DISCUSS

Lesson 32: Contractions. We often use these shortcuts. – 25 Words

I'M YOU'RE HE'S IT'S SHE'S WE'RE AREN'T ISN'T DIDN'T
DOESN'T I'D SHE'D IT'LL HE'LL WE'LL THEY'LL WON'T CAN'T
WOULDN'T COULDN'T SHOULDN'T MUSTN'T THAT'S WHAT'S
THERE'S

Lesson 33: Homonym – same sound, different spelling - 166 Words

AIR HEIR BARE BEAR BIRTH BERTH CORD CHORD DEER DEAR
FOWL FOUL GRATE GREAT HEEL HEAL HAIR HARE LONE LOAN
MAIL MALE NOT KNOT ONE WON PALE PAIL RED READ SUN SON
SORE SOAR STEAL STEEL TALE TAIL VENUS VENOUS WRAP RAP
ALL AWL BEET BEAT CELLAR SELLER COAT COTE DEW DUE FUR
FIR GILT GUILT HAIL HALE HART HEART MAIN MANE MORN
MOURN NAY NEIGH PAWS PAUSE PLANE PLAIN RAZE RAISE SUM
SOME SWEET SUITE SEE SEA TEEM TEAM WOULD WOOD WAIT
WEIGHT ALTER ALTAR BEER BIER CLAWS CLAUSE DUEL DUAL
FAIR FARE FEET FEAT HERE HEAR HOUR OUR I'LL AISLE MITE
MIGHT NIGHT KNIGHT NEED KNEAD PRAY PREY RING WRING
REED READ SALE SAIL SHONE SHOWN STARE STAIR VALE VEIL
REED READ SALE SAIL SHONE SHOWN STARE STAIR VALE VEIL
WAY WEIGH WROTE ROTE SENT CENT SCENT MEET MEAT METE
SO SOW SEW TO TOO TWO FOR FOUR FORE NEW KNEW GNU
RIGHT RITE WRITE SITE CITE SIGHT THEIR THEY'RE THERE PAIR
PARE PEAR

Lesson 34: Common Words Which Are Not Phonetic – 106 Words

ARE ANY AGAIN BEEN BUSY BLOOD BEAUTY BURY CHILD
COULD COME DOES DONE DON'T EYE FLOOD FIND FRIEND GIVE
GONE HAVE HEARD HEIGHT IRON ISLAND JUICE LAUGH LOSE
MANY OF ONE ONCE PRETTY SEW SAID SAYS GENIUS JUNIOR
SHOE SOME SURE SHOULD SUGAR TWO THERE TOWARD THEIR
TRUTH VIEW VERY AS WANT WERE WOMAN WASH WHAT
WOMEN WORK WHO WATCH WERE WORLD WOULD WHOSE YOU
YOUR LION POET OHIO JOEY NEON DIET AREA RUIN TRIO BOA
PLIERS FLUENT FIERY CLIENT QUIET MARIA TRIAL STUDIO
PERIOD TRUANT RODEO PIANO OASIS FLUID RADIO VIOLIN
LIABLE HEROIC ORIENT THEORY MEDIUM MANUAL NUCLEUS
RELIANT VARIETY THEATER SCIENCE VIOLET AVIATOR DIARY
KIND

Lesson 35: Non-Phonetic Words

Non-phonetic long vowel words – contrary to Vowel Rule 1. – 37 Words

TOLD BOLTS TOLL HOST MILD SCOLDING DOLT ROLLER
POSTED CHILD GOLDEN JOLTED TROLL POSTER WILDER
FOLDER MOLTS STROLL POSTERS MILDEST SOLD COLT
STROLLER POSTING GRINDER COLDS VOLTS TROLLING
HOSTESS BLINDNESS HOLDER MOLTING SCROLL GHOST
KINDLY BOTH OLD

Words in which every o has the short u /ŭ/ sound – 40 words

SON LONDON COVET COVENANT COMFORT OF ABOVE
STOMACH GOVERNOR COMPANY NONE GOVERN OTHER
LOVABLE TONGUE SOME HOVER COVER COVETOUS MONKEY
SHOVE COMELY DOZEN MONDAY SLOVENLY LOVELY COLOR
SMOTHER COMPASS WONDROUS DONE COVERS BROTHER
DOZEN NOTHING WONDER GLOVE OVEN MONK MONTH

Lesson 36: Consonant Digraphs – containing silent letters – 81 Words

KNELT GNASH WRY NUMB LIMN KNOCKER GNU WRITING BOMBER
HYMN KNUCKLE GNAT WRONG CRUMB DAMNED KNAPSACK
GNOME WREATH THUMB COLUMN KNOWING GNARLED WRETCH
LIMBS SOLEMN KNIGHT SIGN WRIST CLIMBER CONDEMN KNEAD
DESIGN WRENCH COMBING AUTUMN KNOWHOW ASSIGN
WRINKLE LAMBS CONDEMNED SHUFFLE GUY RUSTLE CHALK
GHOST SPRINKLE DISGUISE OFTEN CALMER GHASTLY TRAMPLE
GUITAR SOFTEN PALMS HOUR FEEBLE GUARDIAN JOSTLE ALMS
HONEST COBBLE BUY GLISTEN HALF HONOR SETTLE BUILDER
EPISTLE HALVES HEIR COUPLE BUOYANT PITCHER CALF THOMAS
DOUBLE BUILDING APOSTLE SALMON EXHAUST KNOW

Lesson 37: More silent letters – p in pn ps pt – 43 Words

PNEUMATIC PSALM PTOLEMY PNEUMONIA PSALMIST PTARMIGAN
PNEUMOGRAPH PSEUDO PTYALIN PNEUMOGRAM PSEUDONYM
PTERIDOPHYTE PNEUMODYNAMICS PSEUDOPOD PTERIDOLOGY
PSYCHEDELIC PSYCHIC PSYCHOLOGY PSYCHIATRY RHAPSODY
RHOMBUS RHODODENDRON RHEOSTAT RHOMBIC RHINE RHESUS
RHETORIC RHINOCEROS RHIZOME RHETORICAL RHUBARB
RHIZOID RHYME RHEUMATIC RHODE ISLAND RHYTHM
RHEUMATISM RHODESIA RHYTHMIC MYRRH

Lesson 38: Special Consonant Digraphs – 64 Words

PHONE PHONICS EMPHASIS PARAGRAPH PROPHET ALPHABET
PHYSICS DIPHTHONG TOUGH ROUGH ENOUGH LAUGH COUGH
TROUGH ROUGHLY LAUGHTER GHOST GHETTO GHENT
GHERKINS AGHAST GHOUL GHOSTLY GHASTLY SIGH THIGH
BRIGHT STRAIGHT THOUGH THOUGHT THROUGH THOROUGH
CHURCH CHATTER SCRATCH INCHES CHARADE CHUTE
PARACHUTE CHAPERON CHICAGO CHEVRON CHIC CHEF
CHEMICAL MECHANIC CHRONIC CHARACTER CHORAL
STOMACH ACHE CHROME CHEESE CHAPTER TEACHER
BRANCHES FIXTURE FEATURE STRUCTURE MOISTURE ACTUAL
LECTURE FURNITURE MANUFACTURER

Lesson 39: The /SH/ sound has at least seven spellings. – 64 Words

SHELTER IMPOVERISH SHOULDER ASHAMED FRACTION
TAXATION PROMOTION DETERMINATION OBLIGATION
INFLATION ATTENTION CONSTITUTION PENSION SESSION
TENSION EXTENSION FISSION MANSION COMMISSION
COMPASSION GLACIAL GLACIER SUFFICIENT DELICIOUS
GRECIAN EFFICIENT MAGICIAN ANCIENT SURE SUGAR ASSURE
REASSURE INSURE PRESSURE ERASURE INSURANCE CHIFFON
MACHINE CHAGRIN CHARLOTTE ASIA FUSION DECISION
PROVISION PROFUSION SECLUSION EXPLOSION PRECISION
PLEASURE USUAL USURY EXPOSURE LEISURE TREASURE
CASUAL ENCLOSURE GLAZIER GLAZIERY AZURE SEIZURE
GARAGE BARRAGE LOGE ROUGE

Lesson 40: Tying the “Y’s” Together – 73 Words

YES YONDER YELLOW YARD YOKE YOUTH YEARS YELPING
YIELDED YEAST YOUNGER YULE YEN YANKED YAPPING YELLS
YORK LAWYER TYPE LYRE HYDRANT SCYTHE HYPO HYBRID
DEFY PYRE COMPLY HYGIENE GYM MYTH CYST HYPNOTIC
OXYGEN SYSTEM GYPSUM CYNIC LYRIC PYRAMID PITY LIVELY
DIRTY STORY TREATY MERCY SHANTY ROOMY EMPTY EQUALLY
TRAY PLAYED SWAYS SLAY SPRAYED KEY PULLEY HONEY
PARSLEY MONKEY MILLION WILLIAM BILLION UNION GENIUS
ONION JUNIOR SENIOR PECULIAR BRILLIANT FAMILIAR
REBELLION COMPANION ITALIAN TRILLION

Lesson 41: Tying the R-Controlled Vowels Together – 64 Words

CHARM CORD PERCH TWIRLED BURNED ARCH STORMS NERVE
QUIRK HURRY QUARRY SPORTS JERKY SKIRT CURRENT
CARROT MERRY SPIRIT SORRY PERISH BARREL VERY MIRROR
TORRID IRRITATE LARRY ERRORS STIRRUP MORROW SORROW
SPARE CHEER ROARS MIRE PURE SCARCE MERE FLOOR WIRED
ENDURES WORE WORN WORLD WORTH WORMY WORDED WORK
WORRY WORSE WORST WORSHIP WORTHLESS SYLLABLE
DOCTOR AUTHOR VICTOR TRACTOR SOLAR CATCHER POLAR
POWDER LIZARD WIZARD CARRY

Lesson 42: Prefixes are syllables placed before a root word. – 72 Words

ABSORB ABSOLVE ABHOR ABDUCT ADDICT ADHERE ADVERB
ADJUNCT BETRAY BEWARE BECALM BEQUEST COMPUTE
COMPETE COMPACT COMBAT CONTRAST CONSIGN CONCISE
CONGEAL DEFEAT DEFLATE DETRACT DEFAULT DISARM
DISHONOR DISOWN DISCORD EXHUME EXTRACT EXPORT
EXHALE INNATE INDENT INSPIRE INBORN INVALID INSANE
INHUMAN INACTIVE PERFECT PERMIT PERSUADE PERSPIRE
PRECEDE PREFIX PREWAR PREPARE PROCEED PROLONG
PROCLAIM PRODUCE RESHAPE REWRAP REJOIN REELECT
SUBTRACT SUBMIT SUBMERGE SUBDUE UNWISE UNDO
UNFAZED UNLACED ENACT ENCLOSE ENCIRCLE ENTANGLE
MISGUIDE MISCOUNT MISLEAD MISTRIAL

Lesson 43: A Suffix is an ending placed after a root word. – 51 Words

DANGEROUS MARVELOUS POISONOUS PROVISION PRECISION

INVASION OTHERWISE HEALTHWISE LENGTHWISE

DEPENDABLE REMARKABLE AGREEABLE INCREDIBLE

DIGESTIBLE INEDIBLE MAINTENANCE ACQUAINTANCE

INSURANCE RESIDENCE REFERENCE PREFERENCE

CONCENTRATE VACCINATE HESITATE CONCENTRATION

VACCINATION HESITATION SUBSIDIZE EMPHASIZE GLAMORIZE

IMPOSSIBILITY DISAGREEABLE COMPUTERIZATION

UNCIVILIZED REEMPHASIZE MISINTERPRETATION

REMEDITATED CONSEQUENTLY ABSORBABLE BEREAVEMENT

PERFECTIBILITY EXTEMPORANEOUS TRANSPARENTLY

MISAPPROPRIATE UNCHANGEABLENESS ADVANTAGEOUS

DISHEARTENED ENLIGHTENMENT DELIBERATENESS

IDIOSYNCRASY UNENTHUSIASTICALLY

Lesson 44: Eight Helpful Rules for the Vowels – 37 Words

NOT GULP THICK ON IMP US OAK MAID SLEET MEAT NOTE
MADE MINE MUTE NO WHY SHE GO YE SILENT FAULT DRAWN
STARCH HALL MALT PUPPY WAVY SOAPY REPLY APPLY
TERRIFY GETTING LIFTED DRUMMER ZONING SKATING WISER

Lesson 45: Ten Helpful Consonant Rules in Phonics – 45 Words

REPLY APPLY TERRIFY GETTING LIFTED DRUMMER ZONING
CENTS CITE CYST FENCE CAP COT CRACK FACT GAB GOT
GUMMED GATHER LEDGE SPLURGE FRINGE STAGE GET GIVE
GIN GEM HOSE THOSE ROSE PLEASE DOGS CARS DRILLS
SLEDS FOX MIX LAX XYLOPHONE XAVIER XENON EXHAUST
EXAMPLE EXPEL EXCITE

Lesson 46: Rules 1 – 6 for Syllabication – 75 Words

POLISH TRAVEL NOVEL RIVER MEDAL SONIC SENATE SHADOW
CLEVER PROMISE SECOND CHAPEL PHONICS MELON FINISH
POLISH NAVY PROTECT PHOTO PUPIL PILOT STUDENT LABEL
VOCAL DAVID MOMENT LOCATE BELOW FRIDAY PONY CURLED
THUMPS CROWNED BROILED CLAPPED STREET FILMED ROUND
SPRING BOUNCED ITSELF SUNBEAM BRUSHOFF WITHIN INSIDE
POPCORN RAINBOW LIFEBOAT SNOWMAN CARFARE PREFIX
EXCEL RECOIL TRISECT ADJUST UNSAFE MISLAY DISLIKE
EXCHANGE DEPART AFAR ITEM UNITE DISAGREE OBOE ECHO
THEORY ICON HOMICIDE EMIT GRADUATE PARADISE VIOLENCE
RATIFY ABOUT

Lesson 47: Rules 7 – 10 for Syllabication – 66 Words

DISAGREE OBOE ECHO THEORY ICON HOMICIDE EMIT NEON
DENIAL POEM TRIO POLIO OASIS IOWA MUSEUM CREATE
LOUDEST CARELESS WENDED LONELY SAFELY PAINTER
HIGHNESS MIXING BOXES SNAPPED BLEACHED PERCHED
FIXED WAILED KENNEL SPLENDID HUNGRY FLATTER BOTTOM
SILVER CHAPTER HARBOR ANGRY SECRET WHETHER
CLASHING LUNCHES DECREE BLACKER BOTHER STITCHES
HUNDRED GRUMBLE TRIFLE SPANGLE RAMBLE TWINKLE
CRADLE TINGLE NEEDLE BUNGLE BUCKLE SPECKLE SHACKLE
TICKLE CRACKLE CHUCKLE PICKLE KNUCKLE SICKLE

Lesson 48: Accent – 73 Words

RÉBEL REBELÉ CÓNTRACT CONTRACT RÉCORD RECORD
DÉSERT DESERTÉ CÓNFLICT CONFLICT ÉXTRACT EXTRACT
CÓNDUCT CONDUCT ÍNSULT INSULT CÓNTEXT CONTENT
PERFUME PERFUMÉ CÓNTRAST CONTRAST INCREASE
INCREASEÉ SUBJECT SUBJECT CÓNTEST CONTEST IMPRINT
IMPRINT CÓNVICT CONVICT PRÉSENT PRESENT CÓNVERT
CONVERT

BUNGLE BUCKLE SPECKLE SHACKLE TICKLE CRACKLE
CHUCKLE RESTRAIN DESPISE ENABLE DERIVE ELEVATE
MOUNTAIN PROMISE LOVABLE CAPTIVE DELICATE VALENTINE
EXCITE COMPILE DISGRACE ADDUCE MEDICINE EXQUISITE
VOLATILE SOLACE LETTUCE ASSUAGE COMPLY PUFFY ENTICE
RELINER MANAGE SNUGLY MAGNIFY NOTICE TURBINE

Note from Internet Publisher: Donald L. Potter

July 29, 2018

Instruction with an eye to orthographic mapping and sight word development.

The goal of *A Sound Track Fluency Practice* is to help students develop orthographically mapped sight word recognition of the entire vocabulary of *A Sound Track to Reading*. Note especially that all the Dolch List Service (Sight Words) have been included in the lists under their proper spelling pattern.

The goal has been to foster orthographic mapping through intensive phonics and advanced phonemic awareness. The Blending Flash Cards are central part of the program: ba, sa, ta, ma, etc.

For phonemic awareness, a special prepared 26 Consonant Sounds Chart based on the science of articulatory phonetics has been prepared. The 18 Basic Vowel Sounds Chart teaches the vowel sounds in four categories using 4 Basic Vowel Rules. All of this was easy to implement since the Foltzer's original program was based on a penetrating analysis of the basic 44 English speech sounds

To enhance the acquisition of phonemic awareness, students are to use a mirror to watch how the speech sounds are produced with the mouth (lips and tongue) and voicing. Phoneme manipulations exercises are provided for each lesson.

The program can be taught with manuscript or cursive handwriting. Handwriting helps the students develop strong orthographic mapping skills. The students were taught to spell from dictation both in writing and orally with letter names.

Note especially that the term "sight word" is used in the scientific sense of **any word** that is recognized rapidly without conscious effort, rather than the unfortunate common use of the term for high frequency irregular words that are taught by whole word memorization.

Dictation (spelling) is an important part of developing advanced phonemic awareness skills. See the note from Jeannine Herron on the following page for the logic behind using dictation to encourage the development of advanced phonemic awareness and orthographic mapping (sight word). Word can be spelled orally with letter names or in writing during dictation practice.

Repeated focused practice reading the words is of great benefit as a means of decreasing word identification time and increasing word identification speed (fluency). There is a total of 3,234 words in the word lists. Lessons 1 – 30 have 1,979 words including 42 Dolch List words not in the original program.

A comparison was made with The Ayres Spelling Scale, The Dolch Service Words, and Fry's first 300 Instant words.

The following Dolch List words were **not** included in *A Sound Track to Reading*: [always ask because best better blue both brown but came carry cut draw drink every far found green grow hot hurt jump keep kind know long make may old open own round sit six sleep start ten together warm well wish yellow](#). All but "[both, carry, kind, know, old](#)" were added to the first 30 Lessons and underlined, leaving 5 words to be added to Lessons 31 to 48. All 220 Dolch List words **are included** in this Fluency Practice.

The font is SMALL CAPS COPPERPLATE following Dr. David Kilpatrick's suggestion to use uppercase letters to help students develop phonemic awareness in *Equipped for Reading Success*.

Last updated on November 12, 2019. www.donpotter.net
www.blendphonics.org

Jeannine Herron on Dictation and Phonemic Awareness

SpellTalk Discussion with Dr. David Kilpatrick & Others

July 30, 2018

It is the speech-motor system that enables children to become aware of the ‘sounds’ in a spoken word, because it is the speech-motor system that *produces* those sounds. Actually, I think the word ‘phoneme’ is misleading because the root ‘phon’ suggests that this critically important awareness is all about sounds. If the word were “dicteme” we would think of these segments as bits of speech, rather than bits of sound. Then we would spend more time calling attention to what children are doing with their mouths when they say words. When children write dictated words, chosen to systematically present the 40 sounds of English in simple CVC words, they have to say the words to themselves, segment the words (by thinking about what their mouth does as they pronounce the word), link those segments to letters, and draw the letters. They make those links over and over with every word they write. That repeated practice is a good way for phoneme awareness to become automatic.

Research with at-risk first graders was carried out by Joe Torgesen with two interventions based on a speech-to-print approach like this. Across the two interventions, students began first grade with standard scores for word identification and word attack of 86.4 and 75.0 respectively. Corresponding standard scores at the end of first grade were 108.8 and 111.0 respectively. This represents an improvement from approximately the 16th percentile to the 73rd percentile for word reading accuracy, and from the fifth to the 77th percentile for phonemic decoding skill. (Torgesen et al, *Annals of Dyslexia*, 2010.)

What % of time in language arts instruction is devoted to writing to dictation?

Jeannine Herron, PhD.

Research neuropsychologist

Director, Talking Fingers (*Read, Write, & Type*)

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2888606/>

Donald Potter’s Reflections

My use of RWT in my tutoring room for close to 20 years is long-term clinical evidence of the effectiveness of the program with at risk students. I use it with struggling students in parallel with my younger tutoring with *Blend Phonics* and my older students with *A Sound Track to Reading*.

I use the speech-to-print approach with dictation with my method of teaching *Reading Made Easy with Blend Phonics* for First Grade by Hazel Loring. I have the students write all the words in journals as they learn to sound them out. We always use oral sentences with every word decoded to make sure that a strong semantic component is tied in with the phonics. Extensive use of dictation is made right from the start, having the students spell the word orally and in writing.

Dr. Herron mentions having the students pay attention to what their mouths are doing. This is exactly what I have the students do when daily drilling the *Phonovisual Charts*. I make sure the students can see my mouth as I produce the speech sounds. We also use handheld mirrors so the students can imitate the articulatory movements. July 30, 2018.